

OCTOBER 2025

AANLCP NEWSLETTER

Welcome to our October Newsletter! We believe in transparency, growth, communication, and the power of a professional community!

Executive Board News

Dear Members,

I sincerely hope you all have had a great summer thus far. As summer fades away and gives rise to some cooler weather, your Executive Board has been hard at work with several activities. We have recently experienced some changes to the Executive Board as Anne Gowing has elected to resign her position as the AANLCP 2025 President for personal reasons. We thank Anne for her leadership this year and wish her nothing but the best. With that, I have assumed the President role a few months early and continue to learn the ropes under the guidance of Jessica Urie, as Past President. We also welcome our new Member At Large Board Member, Caroline Williams. Caroline has already jumped in with both feet, and we look forward to her contributions. In this ex officio (non-voting) role, Caroline will support the Executive Board, serve as a liaison to select committees, and help advance key initiatives that strengthen our community and elevate the practice of life care planning.

As you probably are aware, we are excited to align with AALNC for the March 2026 conference in Orlando. The AANLCP Conference Committee is busily planning the event, and we're looking forward to our new collaboration and the fresh energy, insight, and expanded opportunities for our members. Stay tuned for more details as the planning continues.

Finally, a huge congratulations to Shelly Kinney for being elected as President-elect for 2026. We look forward to working with Shelly in the months to come. Her energy and vast knowledge in Life Care Planning and Case Management, as well as her prior work on the Executive Board, is a great asset that will serve the Association well. Our gratitude goes to Christie Mitstifer for stepping forward as a candidate for AANLCP President and sharing their vision for our profession. Also, a big congrats to Kimberly Reen on her re-election to the AANLCP Treasurer position. Trust me when I say we have a rockstar looking over the Association's finances! Exciting times are upon us, and we can't wait to share what's ahead!

We thank you for all you do and the trust you place in YOUR Executive Board. Please reach out to any of us if the need ever arises

Best regards,

The Executive Board



Executive Board News

Outreach Committee

Conference Board News

Education Committee

Research Committee

Journal Committee

Mentorship Committee

Thank You from
the Executive Board

Outreach Committee

AANLCP had a table at the CMSA Conference in June in Dallas, TX. Anne Gowing was our representative. Anne reported: "CMSA was a tremendous success for AANLCP, and I believe it is due to Janet Coulter, the President of CMSA. She is excellent, and I have established a good relationship with her. Several nurse case managers were very interested in AANLCP and becoming certified. I can relate to them because that is how I became a CNLCP while working as an FCM in the WC arena; many were very interested." Thank you, Anne!

Look for an upcoming AANLCP Connect - New Member Forum in October. We will welcome our newer members, giving an overview of the AANLCP, our website, and the benefits of membership, as well as answer any burning questions.

Conference Board News



We are thrilled to announce that the American Association of Nurse Life Care Planners (AANLCP) and the American Association of Legal Nurse Consultants (AALNC) are joining forces for an unparalleled nursing event:

Advancing Together AALNC Forum & AANLCP Conference

Date: March 11 - 15, 2026

Location: Hilton Orlando Lake Buena Vista in Orlando, FL

This premier gathering of nurse life care planners, legal nurse consultants, case managers, and healthcare professionals will redefine industry standards, offering specialized tracks for seasoned experts and emerging professionals, exciting joint networking opportunities, and an expanded exhibitor audience like never before.

Save the Date—This is the Must-attend Event of 2026!

Nurse Life Care Planners Annual Conference

Education Committee



SAVE THE DATE: Fall Virtual Conference - Friday, November 14, 2025
Register Here: Fall Virtual Conference 2025 – AANLCP

SCHEDULE

10:00 - 10:05 AM (ET)

Welcome

AANLCP President

10:05 - 11:00 AM (ET)

Vocational Evaluation to Improve Quality of Life

Lisa Anderson, MS, CRC, CVE

11:00 - 11:55 AM (ET)

Transition from High School to College and Educational Support

Emiko Patterson, Untapped Learning

12:00 - 12:55 PM (ET)

Defending Nursing Recommendations

Denise Atwood, RN, JD, CPHRM, CLCP

1:00 - 1:55 PM (ET)

Lunch Break | Speed Networking

2:00 - 2:55 PM (ET)

Identifying Additional Services

Outside of School to Include in the Life Care Plan

Sharon Grandinette, Pediatric Brain Injury Consultant

3:00 - 3:55 PM (ET)

Guardianship/ Conservatorship/ Fiduciary Needs

Doreen Casuto, RN, MRA, CRRN, CCM, CLCP Haydee Piña, B.A.

Tips & Tricks:

How do you know how much time you need to complete your projects to meet your deadlines? One effective way to manage project timelines is to treat scheduling like a productivity math problem. For example, If you work 4 hours per day on a project, how many days will it take to reach the total allocated hours for completion? This approach helps break down large tasks into manageable daily goals. Using a calendar to reverse-engineer deadlines is a practical strategy. If an MCP takes 20 hours and an LCP takes 45 hours, and you work 4 hours per day on a project, you know it will take you 5 days to complete an MCP and 11.25 days to complete an LCP. These are flexible averages. Actual time may vary depending on focus, interruptions, and project scope. To refine future estimates, it's helpful to track time spent on each project. Tools like Tsheets by Intuit or other time-tracking apps allow professionals to retrospectively analyze how long tasks take, which can inform billing and scheduling accuracy. When planning your day, make sure you include how many hours you want directed to billable time, administrative tasks, breaks, meetings, and education. Why 4 hours of billable time? It's all about sustainable productivity. Allocating 4 focused hours for billable work ensures quality output while leaving room for the other essential components of a professional day. Think of it as another math problem—one that balances efficiency with well-being *Courtesy of Becky Czarnick*.

Have a Tip & Trick to share? Email outreach@aanlcp.org to be featured in an upcoming Newsletter.

Research Committee

The research committee continues to review the surveys that have been completed and is determining the best formatting for the journal articles. Once we get caught up with the completed surveys, the remaining surveys will be sent out.



Journal Committee

We are always looking for willing reviewers for our articles. With editions being published quarterly, you can join our reviewer team and give valuable feedback. To join, email journal@aanlcp.org, and let us know you would like to be a part of the peer review group.

Issue/Date	Topic	Due To Editor	Out To Reviewers	Due Back From Reviewers
Fall, November 2025	Orthotics	Sep. 15, 2025	Sep. 22, 2025	Oct. 1, 2025
Winter, January 2026	Methodology and Standards	Nov. 15, 2025	Nov. 22, 2025	Dec. 15, 2025
Spring, May 2026	Elder Care	Feb. 28, 2026	Mar. 7, 2026	Mar. 14, 2026
Summer, August 2026	Technological Advances & Costing	June 22, 2026	June 30, 2026	July 8, 2026

Mentorship Committee

Our next mentorship get-together will be **Tuesday, October 21st and November 11th at 4 PM (EST)/1 PM (PST)**. If you are interested in the mentorship committee or a mentor, access the Lifeline Mentorship page on the AANLCP Dashboard.

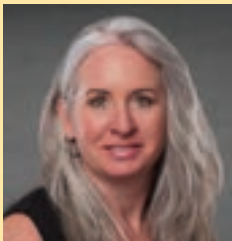
Your Executive Board

THANK YOU! We are excited to share information, give you updates about the association, and stay connected. If you have feedback, comments, ideas or something you would like to share, please reach out to info@aanlcp.org.

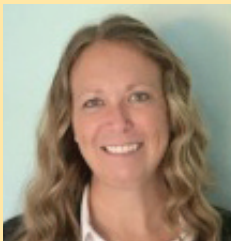
Best wishes, **Your Executive Board**



Craig Felty
President



Jessica Urie
Past-President



Kimberly Reen
Treasurer



Kelly Ehrhardt
Secretary



Caroline Williams
Member at Large

Become an AANLCP Member

Click or visit here: <https://aanlcp.org/membership/>

The AANLCP newsletter is distributed every 1-2 months and has an international reach! It is distributed to our members via email and published on our website and multiple social media platforms. Interested in advertising? [Click Here](#)

Advertising may include photos, art, and text. The submission should be in high-resolution PDF or JPEG (300 dpi). PDF format is preferred. The Association has the right to reject any advertising deemed to be in poor taste, libelous, or otherwise unacceptable.

Need more information? Contact marketing@aanlcp.org.